



—THE—
LINKS

BREAKFAST

Continental Buffet

Cereals & Fresh Welsh / Oat /
Soya Milk

Greek Style Welsh Yoghurt

Fresh Seasonal Berries

Poached Fruits

Homemade Granola

Baker's Basket

Trealy Farm Cured Meats
& Local Cheeses

Fruit Juices

Cooked Breakfast

Full Welsh Breakfast

Trealy Farm bacon, sausage & black pudding, field
mushroom, semi dried tomato & Burford Brown hen's egg

Vegetarian Welsh Breakfast

Potato & herb cake, field mushroom, semi dried tomato
& Burford Brown hen's egg

Smoked Salmon & Scrambled Eggs

Blueberry or Banana Pancakes
with Maple Syrup

Jumbo Oat Porridge with Banana

Soft Boiled Duck Egg & Soldiers

Toasted Sourdough & Preserves

Homemade Crumpets

topped with Welsh Rarebit

Add poached egg & bacon to make it a buck rarebit



Please let us know if you have any dietary requirements and a member of our team will be happy to guide you. Unfortunately, we cannot guarantee the absence of traces of any allergens within your meal.